

1ST INTERNATIONAL
CHILD PSYCON
2025

28-29 NOVEMBER 2025
LAHORE, PAKISTAN

HEALTHY MINDS, BRIGHT FUTURE



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COLLABORATING ORGANIZATIONS



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SCIENTIFIC PROGRAMME



Theme: *"Healthy Minds; Bright Futures"*

WORKSHOPS

Pre-Conference Workshops (October-November 2025)

Sr#	Date	Time	Title of Workshop	Facilitators	Venue	Focal Person Name & Contact Number
1	October 10, 2025	9:00 am-12:00 am	<i>Healing Young Minds: Strategies For Adolescent Emotional Well-Being and Suicide Prevention</i>	Dr. Aatir H. Rajput	Department of Psychiatry & Behavioral Sciences, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro	Dr. Abid Munir - PG Psychiatry (0313-0312723)
2	October 15, 2025	09:00am-12:00pm	<i>Psychological First Aid: Early mental Health support for children and Adolescents</i>	Prof Dr Nazish Imran/ Dr Mohsina Najeeb/ Dr Sania Mumtaz Tahir	Lecture Theatre 2, Ground Floor, Patiala Block. King Edward Medical University	Mehtab Khan (for registration) (0322-7977052) Dr Sania Mumtaz Tahir. (0304-5147443)
3	October 17, 2025		<i>Problematic internet use and managing screen time in children and adolescents.</i>	Dr Zarnain Umar, Dr Asad Nizami	Institute of Psychiatry Benazir Bhutto hospital Rawalpindi	Dr Ayesha Habib (0324-4266597)
4	October 19, 2025		<i>Pathways to suicidal behaviors among adolescents in Pakistan</i>	Afrah Arshad	ONLINE	Afrah Arshad (0322-4712480)
5	October 22, 2025	10: 30am-01:30pm	<i>PECS Level 1 Workshop</i>	Shamaila Ijaz Haider, Marrium Khalil and Fatima Muzzammil	Bahria University, Psychology Campus,Lahore	Shamaila Ijaz (0321-9441951)
6	October 22, 2025		<i>Integrating Mental Health into Diabetes Care: Supporting Children and Families with Type 1 diabetes</i>	Dr. Musarrat Riaz, Brig. Dr. Shoaib Ahmed Dr. Zoobia Ramzan, Dr. Nazish Fatima, Dr. Sabiha Banu	National Institute of Diabetes and Endocrinology (NIDE), Dow University of Health Sciences (DUHS), Karachi	Dr. Nazish Fatima (0313-3457272)

Sr#	Date	Time	Title of Workshop	Facilitators	Venue	Focal Person Name & Contact Number
7	October 22, 2025	10:30am-12:30pm	<i>Panel: Youth Mental Health in the Digital World: Navigating Challenges towards Resources</i>	Panel Chair Prof Dr Ruhi Khalid- Panelists: Dr Rafia Rafique, Dr Shameem Fatima, Dr Usman Rasheed, Sr. *Dr Amina Muazzam, *Dr Shazia Hassan, Dr Afsheen Gul	Venue: Institute of Applied Psychology, Punjab University Organized by: Pakistan Psychological Association, Lahore division; Institute of Applied Psychology	Dr Shameem Fatima, Associate Prof Psychology
8	October 27, 2025	11:00am-01:00pm	<i>Breaking the screen spell: Tackling Digital Addiction in Children</i>	Ms Nayab Arshad Muhammad Akif Fahad Amin Rahama Rehman Fatima Rasool	Tareen Hall Psychiatry Department, KEMU	Muhammad Akif (0318-6699575)
9	November 01, 2025	02pm-05pm	<i>Raising resilient kids: a guide to preventing substance abuse</i>	Ms Amna Nawaz Meraj Shakoor	Online via google meet	(0317-4981919)
10	November 05, 2025	10:00am-03:00pm	<i>REBT in Practice: Skills Training for Emerging Therapists</i>	Ms Hidna Iqbal, Umme Abecha Haider	Semimar Hall, Centre for Clinical Psychology, New Building, University of the Punjab, Quaid e Azam campus, Lahore	Ms Hidna Iqbal (0331-4728694)
11	November 06, 2025	10:00am-02:00pm	<i>Hands-on Training in the Culturally Adapted Children's Apperception Test</i>	Dr. Muneeba Shakil, Ms. Ruman Jamil	Center for Clinical Psychology, University of the Punjab,Lahore	Dr. Muneeba Shakil (0332-3360635)
12	November 08, 2025	11:00am-02:00pm	<i>Bridging the gap between boys' puberty and parental ignorance: An alarming issue of Male Child Mental Health</i>	Dr. Maryam Amjad	Centre for Clinical Psychology, Punjab university Quaid e Azam campus	Dr. Maryam Amjad (0300-4414864)
13	November 10, 2025	09:00am-11:30pm	<i>Protecting the Rights and Rehabilitation of Juveniles through Justice, Care, and Reform</i>	Prof Ali Burhan Mustafa Dr Urooj Zafar	Department of Psychiatry & Behavioral Sciences, Sheikh Zayed Medical College Hospital, Rahim Yar Khan	Assistant Professor Dr Urooj Zafar (0315-7328859)

Sr#	Date	Time	Title of Workshop	Facilitators	Venue	Focal Person Name & Contact Number
14	November 11, 2025	12:30pm–02:30pm	<i>Symposium: Adolescent Wellbeing in Context: Navigating Social, Emotional and Academic Challenges</i>	Prof Dr. Farhat Nadeem	Institute of Psychology, Beaconhouse National University, Lahore.	Ms Bismah (0347-7890694)
15	November 11, 2025	10:30 am – 12:30 pm	<i>Psychological Resilience in the Age of Uncertainty: Addressing Post-Pandemic Challenges in Youth</i>	Ms. Maryam Javeed — Clinical Psychologist & Head, Department of Psychology, University of South Asia, Lahore	Department of Psychology, University of South Asia, Raiwind Road, Lahore	Focal Person Contact: 0350-7971910 / 0342-0421855
16	November 12, 2025	11:00am - 12:30pm	<i>Panel: Navigating Screens and Selves: The Impact of Digital Exposure on the Self-Esteem, Identity and Mental Health of Adolescents</i>	Panel Chair: Dr. Ruhi Khalid Panelists: Prof Dr. Nazish Imran Prof Dr. Masha Asad Khan Syeda Iram Naqvi Dr. Haziq Mehmood Sofia Babar.	Slass Auditorium, Beaconhouse National University, Lahore.	Ms Bismah (0347-7890694)
17	November 15, 2025	09:30am-12:30pm	<i>Toolkit for Managing Teenagers’ Emotions: A guide for Parents and Mental Health Providers</i>	Dr Irum Amer, Ms Kinza sultan, Ms. Maryam Razaq, Ms Ramish Musa	Conference Room, Department of Psychiatry, Sir Ganga Ram Hospital Lahore	Ms Kinza Sultan (0302-44639797) Kinzasultan6@gmail.com
18	November 17, 2025	3:00 pm-5:00 pm	<i>Mental well being in Era of Artificial Intelligence</i>	Mr Max Babri, Dr Noman Qureshi, Prof Samaira Shami, Prof Nazish Imran, Prof Dr Rafia Rafique, Prof DR Aysha Rashid, Dr Noorul Zaman, Mr Arooj Samdani	Elahi Building, Forman Christian College University; Room E025	Prof Dr Ivan Suneel, Prof Dr Nashi Khan, Prof Dr Sarah Shahed, Dr Abia Nazim Contact: Prof Dr Nashi Khan: 0300 8441608
19.	November 19, 2025	09:00am-02:00pm	<i>Bridging Minds: Understanding and Assessing Autism Spectrum Disorder</i>	Prof Imtiaz Dogar Ms Samreen Afzal, Dr Tooba Obeer	Department of Psychiatry & Behavioral Sciences, Allied II Hospital, Faisalabad Medical University, Faisalabad	Department of Psychiatry & Behavioral Sciences, Allied II Hospital, Faisalabad Medical University, Faisalabad

Sr#	Date	Time	Title of Workshop	Facilitators	Venue	Focal Person Name & Contact Number
20	November 21, 2025	09:30am-12:00pm	<i>Emotional and Behavioral Problems in Children and Adolescents</i>	Ms. Amber Ahsan. Ms. Mariam Nawazish Ms. Sarah Ahmad	Venue: Bahria University, Lahore (FT-2 Room)	Mr. Sammad (0340-6848815)
21	November 22, 2025	10:00am-12:00pm	<i>Understanding developmental trauma among adolescents: Pathways to recovery</i>	Ms. Sara Ishaq, M Munib ur Rehman	Conference room, Addictions center, PIMH	(0312-4384428)
22	November 26, 2025	01:00pm-03:00pm	<i>Hands on Training on an Indigenous Pakistani Neuropsychological Test Assessment Battery-PANTAB</i>	Facilitators: Dr Mahira Ahmad, Assistant Prof psychology Dr Zaeema Farooq, Lecturer psychology	Venue: COMSATS University Islamabad, Lahore Campus Organized by: Department of Humanities, COMSATS University Islamabad, Lahore Campus	Resource person: Dr Shameem Fatima, Associate Prof Psychology
23	November 27, 2025	11:00am-12:30 pm	<i>Young people with dual diagnosis of ADHD and Autism Spectrum Disorder</i>	Dr S.M. Ahmad Consultant Child and Adolescent Psychiatrist, (UK)	Fountain House, Lahore	Sadia Hussain (0302-4880571)
24	November 27, 2025	11:00am-01:00pm	<i>“Shaping Tomorrow’s Psychiatrists: Growth, Resilience, and Well-being”</i>	Prof Waqar Azeem (Qatar) Dr Zheala Qayyum (USA) Dr Kiran Khalid (USA)	Punjab Institute of Mental Health, Lahore	Dr Ghulam Rasool (0310-4750384)
25	November 18, 2025	10:30am - 12:30 am	<i>Unlocking Potential: Autism Assessment &ADHD/Adolescent Depression</i>	Dr Kiran Khalid (USA) Panel of Experts: Prof Dr Ammara Butt Prof Dr Usman Amin Hotiana	Rashid Latif Medical College, Lahore	Prof Usman Hotiana 03334253170
26	November 26, 2025	10:00 am - 1:00 pm	<i>Childhood Maltreatment: How Early Trauma Shapes Brain</i>	Dr. Hidayatullah Kakar, Consultant Psychiatrist & Neurologist Prof Dr Hazrat Ali	Academic Hall, BIPBS Quetta, Balochistan	Dr. Hidayatullah Kakar +92 333 7809966

CONFERENCE PROGRAM
DAY 1
28th November, Friday
Venue: King Edward Medical University, Lahore

Time	Asad Aslam Auditorium, Maqbool Block, KEMU
09:00am-10:00am	PANEL DISCUSSION-1 <i>“From Womb to Adolescence: A Multidisciplinary View on Perinatal and Child Mental Health”</i>
	Panelists <i>Prof Dr Ali Madeeh Hashmi, Prof Uzma Hussain (Chairperson, Gynae KEMU), Prof Haroon Hamid (Chairman Pediatrics, KEMU) Dr Roop Zainab Rana (Rawalpindi), Dr. Durre Shahwar (Qatar), Prof Dr Shamsa Humayun (Senior Vice President MWAP), Prof Ayesha Humayun, Prof Sumira Qambar, Ms. Rukhsana Mehmood (on behalf of PAP)</i>
	Moderator <i>Dr. Irum Aamer</i>

Time	Asad Aslam Auditorium, Maqbool Block, KEMU
10:00am-11:00am	SCIENTIFIC SESSION 1
	Chair: <i>Prof Shehan S Williams, Prof I A K Tareen Prof Wajid Ali Akhunzada, Prof Aftab Asif</i>
	Co- chairs: <i>Dr Ahsan Nazeer, Prof Dr Nashi Khan (PACP), Prof. Dr. Ruhi Khalid, Prof. Dr Dr Aysha Rashid, Dr Sadia Mohammed (UK)</i>
	Moderator: <i>Dr Maryam Ayub (Fellow, Child Psychiatry KEMU)</i>
	Keynote Lecture-1 (10:00am - 10:15am) Prof Dr Afzal Javed (Pak) <i>Transformation of child & adolescent mental health policies: an agenda for action.</i>
	Keynote Lecture-2 (10:15am - 10:30am) Prof Dr Muhammad Waqar Azeem (Qatar) <i>Journey of Starting Child & Adolescent Psychiatry FCPS in Pakistan</i>
	Keynote Lecture-3 (10:30am - 10:45am) Prof Dr Zheala Qayyum (USA) <i>Fairy tales and Child mental health</i>
	(10:45am -11:00am) <i>Q/A, comments from chairs/ co-chairs/ Momento Distribution</i>

11:00am-11:30am

TEA BREAK/ POSTERS DISPLAY

11:30am-01:15pm

INAUGURAL SESSION

Asad Aslam Auditorium, Maqbool Block, KEMU

Moderator: Dr Sania Mumtaz Tahir

01:15pm-02:30pm

LUNCH AND JUMMA PRAYERS BREAK

Time	Venue: Asad Aslam Auditorium, Maqbool Block, KEMU
2:45 pm-04:00pm	PANEL DISCUSSION-2 <i>“Shaping the Future of Child Psychiatry in Pakistan: Teaching, Training & Service Development”</i>
	Panelists <i>Prof Dr Mowadat Hussain Rana (Pakistan), Prof Dr Muhammad Waqar Azeem (Qatar), Prof Dr Asad Tameez ud Din (Dean CPSP), Prof Dr Moin Ansari (Sindh), Prof Dr Muhammad Imran (KPK), Prof Dr Hazrat Ali (Baluchistan), Dr Finza Latif, Prof Dr Zheala Qayyum, Prof Dr Rabia Iftikhar, Dr Munawar Ahmad Malik, Brig Dr. Muhammad Ramzan, Dr Kiran Khalid</i>
	Moderator <i>Prof Dr Nazish Imran</i>

Time	Asad Aslam Auditorium, Maqbool Block, KEMU
04:00pm- 05:00pm	SCIENTIFIC SESSION- 2
	Chair: <i>Prof Dr Afzal Javed, Prof Dr Iqbal Afridi, Prof Dr Ali Burhan Mustafa, Dr Tariq Mian</i>
	Co- chairs: <i>Prof Dr Majid Ali Abidi, Prof Dr. Haziq Mehmood, Prof Dr Maimoona Mushtaq, Dr Humaira Naz, Dr Kiran Khalid</i>
	Moderator: <i>Dr Tooba Anum (AKUH Child Psychiatry Fellow)</i>
	Speaker 1 (04:00pm - 04:15pm) Dr S M Ahmed (UK) Acute Psychiatric Emergencies in children and adolescents
	Speaker 2 (04:15pm-04:30pm) Dr Irum Rizwan (Pak) C-ARTS: Model Centre for Autism
	Speaker 3 (04:30pm-04:45pm) Prof Dr Muhammad Imran (Pak) Bridging the Gap: Establishing Child Psychiatry Services in Khyber Pakhtunkhwa - A Step Towards a Healthier Future
	(04:45pm-05:00pm) <i>Q/A, comments from chairs/ co-chairs/ momento distribution</i>

GALA DINNER
(By invitation only)
28th November 2025
6:00 PM onwards
by
Fountain House Lahore

Day 2 – 29th November Saturday
Venue: King Edward Medical University, Lahore

Time	Asad Aslam Auditorium, Maqbool Block, KEMU	Jinnah Auditorium, KEMU
09:00am-10:00am	PANEL DISCUSSION-3 <i>“Global Climate Change and Child Mental Health”</i> <i>Moderator: Dr Aatir Rajput (Child Psychiatry Fellow, LUMHS-Hyderabad)</i>	SCIENTIFIC SESSION 3 <i>Executive dysfunction in Childhood Psychiatric disorder</i>
		Chair: <i>Dr Saqib Bajwa,</i> <i>Prof Dr Shameem Fatima</i>
		Co- chairs: <i>Dr Junaid Rasool, Prof. Dr. Atia Ur Rehman, Dr. Ahsan Ul Haq Chishti</i>
		Moderator: <i>Ejaz Hussain (Child Psychiatry Fellow, KEMU)</i>
	Panelists <i>Prof Dr Shehan S Williams, Dr S M Ahmed (UK), Prof Dr Aysha Rashid, Prof. Lt. Col. (R) Dr. Nadeem Ahmed Bajwa, Dr Mohsina Najeeb, Dr Ayesha Sarwat, Prof Ammara Amir, Prof. Dr. Khawar Bilal Baig, Ali Husnain (UGMH).</i>	Facilitators <i>Dr Tooba Anum, Dr Maryum Azher, Ms Mariya Moochhala</i>
		<i>Q/A, comments from chairs/ co-chairs/ memento distribution</i>

Time	Asad Aslam Auditorium, Maqbool Block, KEMU	Jinnah Auditorium, KEMU
10:00am - 11:00am	SCIENTIFIC SESSION 4	PANEL DISCUSSION-4 <i>Trauma, Resilience, Substance Abuse and the Aftermath of Disasters</i>
	Chair: <i>Prof Dr Mowaddat H Rana, Prof Dr Muhammad Riaz Bhatti, Prof Dr Usman Hotiana</i>	
	Co- chairs: <i>Prof Dr Faiza Ather, Prof Dr Saqib Kilyani, Prof Altaf Qadir</i>	
	Moderator: <i>Dr Summaira Channa (Child Psychiatry Fellow, LUMHS-Hyderabad)</i>	
	Keynote Lecture-3 (10:00am-10:15pm) Prof Dr Durre Shahwar (Qatar) <i>An overview of antipsychotic medication prescribing practices within Child and Adolescent Mental Health Services (CAMHS)</i>	
	Keynote Lecture-4 (10:15am-10:30am) Dr Sadia Mohammed (UK) <i>ADHD in Girls</i>	
	Keynote Lecture-5 (10:30am-10:45am) Dr Ahsan Nazeer (Qatar) <i>Autism spectrum disorder- An evolving concept</i>	
	(10:40am-11:00am) <i>Q/a, comments from chairs/ co-chairs/ momento distribution</i>	Moderator: <i>Dr Sania Mumtaz Tahir (Child Psychiatry Fellow, KEMU)</i>

11:00am-11:30am

TEA BREAK

Time	Asad Aslam Auditorium, Maqbool Block, KEMU	Jinnah Auditorium, KEMU
11:30am-01:00pm	SCIENTIFIC SESSION- 5	SCIENTIFIC SESSION 6 <i>(7 min each)</i>
	Chair <i>Prof Dr Ali Madeeh Hashmi, Prof Dr Ghulam Rasool, Prof Dr Fareed Minhas, Prof Dr Muhammad Mujtaba (Late)</i>	Chair <i>Prof Imtiaz Dogar, Dr Tanveer Sandhu (UK), Dr Noman Mazhar</i>
	Co- chairs <i>Prof. Dr. Amina Moazzam, Dr Imran Murtaza, Prof Rubina Aslam</i>	Co- chairs <i>Prof. Dr. Fauzia Naz, Prof Dr Afsheen Gul, Dr Urooj Zafar</i>
	Moderator <i>Dr Khaula Tariq (KEMU)</i>	Moderator <i>Dr Roop Kiran (Child Psychiatry Fellow, KEMU)</i>
	Speaker 1 (11:30am-11:45am) Prof Dr Finza Latif (Qatar) Working with Gaza children in Qatar	<i>1.Prof. Majid Ali Abidi, Dr. Reema Ubaid: Child Abuse – Understanding & Awareness in local perspective.</i> <i>2.Dr Muhammad Sheraz Afzal Malik, Dr Abid Aftab, Ms Hira Arshad, Ms Mahnoor Zeeshan. Sensory Differences in Young Persons with Autism Spectrum Disorder: A Cross-Sectional Study</i>
	Speaker 2 (11:45am-12:00am) Prof Iqbal Afridi <i>Stolen Childhoods: The Hidden Crisis of Child Brides in Pakistan</i>	<i>3.Dr. Hazrat Ali Khan, Dr. Sohail Ashraf, Dr. Lalzadi Hasni, Mohammad Anwar, Dr. Sahibzada Abdul Khalid, Dr. Muhammad Sulaiman, Amin Ullah, Sana Ullah Kakar . Access to Mental Health Services for Children in Balochistan</i>

Speaker 3

(12:00pm-12:15pm)

Dr Shehryar Jovindah (Pak)

Depression, Anxiety among Adolescents: A Pakistani Perspective

Speaker 4

(12:15pm-12:30pm)

Prof Dr Ayesha Minhas / Prof Fareed Minhas (Pak)

Parenting manual development in context of Pakistan

Speaker 5

(12:30 pm-12:45pm)

Prof Syed Mahboob Shah (UAE)

Incidence of suicide from 2000 to 2024 in Adolescents and young adults' disparity by female gender

(12:45pm-1:00pm)

Q/A, comments from chairs/ co-chairs/ momento distribution

4. Prof. Lt. Col. (R) Dr. Nadeem Ahmed Bajwa

(Why do an adult Psychiatrist need a child & adolescent Psychiatrist),

5. Dr Zoobia Ramzan, Khizra Khurshid, Rabia Mushtaq, Umara Rauf, Nida Anwar, Qaisr Abbas, Sumayah Aljhani and Mafia Shahzadi . CBT for academic burnout procrastination, self-handicapping behavior and test anxiety among adolescents: A randomized control trial

6.. Dr Sajjad Siddiqui, Afifa Shahzad.

Neurodevelopmental Challenges in Adolescence: A Case Analysis of Autism Spectrum Disorder, with ADHD and OCD Traits

7. Dr. Maryam Amjad, Dr. Amina Muazzam; Dr. Hali Kil.

Brief Scale of Psychological Well-Being for Adolescents: An Urdu scale adaptation for Pakistani boys

8. Warda Azam, Ms. Huma Yaseen.

Child Abuse, Emotional Dysregulation and Recidivism in Juvenile Delinquents

9. Azka Naeem, Umm E Rubab Kazmi.

Experiences and Coping Strategies of Bullying Victims: A Qualitative Study of School –Aged Children.

10. Dr Najma Iqbal Malik, Ayesha Akmal

Effects of sharenting syndrome on abuse, neglect and psychological wellbeing: role of peer influence among adolescents:

11. Fatima Ali, Arwa Naveed, Dr. Amina Muazzam.

Bridging Gaps: Parental Bonding, School Opportunities, and Adolescent Mental Health.

12. Sehar Fiaz and Amina Muazzam.

Healthy Minds Behind Bars: Mental Health and Experiences of Incarcerated Adolescents

13. Mushayyada A Nisar, Maliha Akhtar, Farhat Anwer

The outcome of early intervention in children with virtual autism spectrum disorders on the basis of ADOS

Q/A, comments from chairs/ co-chairs/ momento distribution

01:00am-2:00pm

LUNCH & PRAYERS BREAK

Time	Asad Aslam Auditorium, Maqbool Block, KEMU	Jinnah Auditorium, KEMU
02:00pm-03:00p m	PANEL DISCUSSION-5 <i>“Lifespan Approach to Neurodevelopmental Disorders: Identification, Intervention, and Beyond”</i>	PANEL DISCUSSION-6 <i>Building Emotionally Safe Schools: Foundations of Mental Well-being in Education.</i>
	Panelists <i>Prof Dr Tanveer Sandhu (UK), Prof Dr Durre Shahwar, Dr Sheraz Malik (AFIMH), Ms. Zaib un Nisa, Prof. Dr. M. Sikander Ghayas khan, Prof Dr Saima Batool (Pediatrician), Dr Nayab Iftikhar, Mrs. Nabila Chaudhary, Ms. Rukhsana Shah, Dr Aniqua Suhail. Muhammad Ibrahim (An adolescent with ASD)</i>	Panelists <i>Prof Dr Abdul Wahab Yousafzai (Reducing school violence in Pakistan Project), Prof Dr Nosheen Kazmi (Mind matters at school), Prof Dr Faheem Afzal (Prof of Pediatrics, KEMU), Zahra Humayun, Dr Amna Arif, Ms. Rabia Najam (Crescent school), Ms Anam Amama, Ania Faisal (A level Student)</i>
	Moderator <i>Ms. Sadia Hussain (Child Psychiatry services, Fountain House)/ Prof Dr Nazish Imran</i>	Moderator <i>Dr Maryam Azher (Child Psychiatry Fellow, AKUH)/ Dr Maryam Ayub (Child Psychiatry Fellow, KEMU)</i>

Time	Asad Aslam Auditorium, Maqbool Block, KEMU	Jinnah Auditorium, KEMU
03:00pm-04:00pm	PANEL DISCUSSION-7 <i>Theme: “Protecting Young Lives: Suicide Prevention Guidelines and Next Steps”</i>	PANEL DISCUSSION-8 <i>Theme: "Wired Minds: AI, Technology, and the Future of Child Mental Health"</i>
	Panelists <i>Prof Dr Afzal Javed, Prof Dr Muhammad Waqar Azeem, Prof Dr Ahsan Nazeer, Prof Dr Zheala Qayyum, Prof Dr Wajid Akhunzada, Prof Dr Rukhsana Kauser, Dr Rubeena (CEO, Taskeen), Prof Dr Nazish Imran, Dr Tariq Mian, Ms Nabia Shakeel</i>	Panelists <i>Prof Dr Ali Burhan Mustafa, Prof Dr Imran Ijaz Haider, Ms.Mubashara, Dr. Nida Zafar, Maryam Asim (LGS), Fatima Ali (Adolescent), Sheza Imran (Adolescent), Muhammad Akif (Medical Student)</i>
	Moderator <i>Ms Rehmeena Iqbal (Fountain House)</i>	Moderator <i>Dr Rabiya Rasheed (PGR, KEMU)/ Dr Amna Rashid (PGR, KEMU)</i>

Asad Aslam Auditorium, Maqbool Block, KEMU	
04:00pm-05:00pm	CONCLUDING SESSION Moderator: Dr Sania Mumtaz Tahir (Fellow Child Psychiatry, KEMU) Also, distribution of Research Competition Prizes, Reel Competition Prizes as well as Collaborating Partners momentos.
	TEA

E-Posters CHILD PSYCON 2025

Sr.#	Title of Poster	Presenting Author	Co-Authors
01.	<i>Understanding The Impact of Adolescent Self-Harm on Parents: A Mixed-Methods Study in Pakistan</i>	<i>Dr Sania Mumtaz Tahir</i>	<i>Dr Aateqa Hashmi, Dr Ahmad Talal, Prof Nazish Imran</i>
02.	<i>Assessment Of Childhood Adverse Experiences and Their Association with Depression and Anxiety in Children, Descriptive Analytical Cross-Sectional Study.</i>	<i>Dr. Ejaz Hussain</i>	<i>Prof Dr. Nazish Imran</i>
03.	<i>Child Mental Health in The Age Of AI: Clinical Applications and Ethical Reflections</i>	<i>Maryam Ayub</i>	<i>Sania Mumtaz Tahir</i>
04.	<i>Machine Learning Approaches for Autism Detection Using Computer Vision Analysis of Behavioral Patterns in Young Children: A Systematic Review</i>	<i>Fatima Rasool</i>	<i>Fahad Amin</i>
05.	<i>Measuring Resilience among Parents of Children diagnosed with Cancer</i>	<i>Tooba Anum</i>	<i>Tania Nadeem, Naureen Mushtaq, Mohammad Zaman</i>
06.	<i>Parenting Style And their Impact of Anger Expression In Pakistani Children and Adolescents: A Cross Sectional Study</i>	<i>Summaira Channa</i>	<i>Aatir H.Rajput And Moin Ahmed Ansari</i>
07.	<i>Pattern Of Adolescent Suicides in Pakistan: A Content Analysis of Newspaper Reports of Two Years</i>	<i>Maryam Ayub</i>	<i>Nazish Imran, Sadiq Naveed, Bariah Rafiq, Dr. Sania Mumtaz Tahir, Imran Ijaz Haider</i>
08.	<i>Examining Homicide-Suicide Cases Involving Children: An Analysis of Newspaper Reports in Pakistan</i>	<i>Zainab Pervaiz</i>	<i>Maryum Ayub, Nazish Imran</i>
09.	<i>Association Between Functioning and Dynamics In Families Of Children with ADHD in Pakistani Context</i>	<i>Dr. Abid Munir</i>	<i>Dr. Aatir H. Rajput, Dr. Moin Ahmed Ansari</i>
10.	<i>Lived Experiences Of Childhood Sexual Abuse Survivors In The Chitrali Community: An Interpretative Phenomenological Analysis</i>	<i>Muhammad Affan Khan</i>	<i>Aleena Gul</i>
11.	<i>The Clinical Presentation of Early-Onset Psychotic Disorders: A Descriptive Study in Child And Adolescent Inpatient Setting.</i>	<i>Zainab Pervaiz</i>	<i>Masood Azhar, Hafiz Sohaib Asghar, Muhammad Arslan Bilal, Dr. Nazish Imran</i>
12.	<i>Personality Traits and Malevolent Creativity on Criminal Tendencies Of Adolescents, And Young Adults</i>	<i>Kainat Maryum</i>	<i>Aqsa Naseem, Samreen Arshad</i>
13.	<i>Case Report on Auto-Immune Encephalitis Presenting with Symptoms Of Psychosis In An 8-Year-Old Male Patient.</i>	<i>Zainab Pervaiz</i>	<i>Dr. Nazish Imran</i>

Sr.#	Title of Poster	Presenting Author	Co-Authors
14.	<i>Suicidal Behaviours and Depression in Adolescents in an Outpatient Department of A Tertiary Care Hospital in Lahore, Pakistan.</i>	<i>Dr. Arslan Asif</i>	<i>Dr. Nazish Imran, Dr. Muhammad Imran Sharif, Shameem Fatima, Sadiq Naveed, Ahsan Nazeer.</i>
15.	<i>Development And Validation of Positive Emotions and Well-Being In Children Scale (PEWBCS)</i>	<i>Mamoona Riaz</i>	<i>Prof. Dr. Sarah Shahed, Dr. Shehla Ahmad</i>
16.	<i>Cognitive Outcomes Of Action And Strategic Gaming In Young Adults</i>	<i>Mohammad Taufeeq</i>	<i>Samreen Arshad</i>
17.	<i>Psychosocial Dynamics of Families with Children Diagnosed with ADHD In Pakistan</i>	<i>Dr Urooj Din</i>	<i>Dr Aatir Rajput, Dr Moin Ahmed Ansari</i>
18.	<i>Behavioral Assessment and Intervention in a Child with Autism Spectrum Disorder: A Single Case Study</i>	<i>Khadeeja Javed</i>	<i>Miss Shumaila Ijaz</i>
19.	<i>Psychosocial Determinants Of Mental Wellbeing Among Adolescents Suffering From Thalassaemia</i>	<i>Sofia Saleem</i>	<i>Tooba Farooq</i>
20.	<i>Efficacy Of Speech-Language Therapy in Children with Speech Disorders: A Pre-Post Interventional Study.</i>	<i>Kaynat Riaz</i>	<i>Prof. Dr Imtiaz Ahmed Dogar, Samreen Afzal Iqra Yousaf, Asma Dar</i>
21.	<i>Demographic Factors And Mental Health: Associations Among Juvenile Offenders In Pakistan</i>	<i>Sehar Fiaz</i>	<i>Prof. Dr. Amina Muazzam</i>
22.	<i>Exploring Emotional And Social Challenges Faced By Parents Of Children With Cerebral Palsy; A Thematic Analysis</i>	<i>Fizza Akhtar</i>	<i>Dr. Bisma Ejaz</i>
23.	<i>Enhancing Emotion Regulation And Expressive Communication Through Painting In A Child With Autism Spectrum Disorder</i>	<i>Meryam Mehmood</i>	<i>Dr Farhat Jamil & Maheen Marghub</i>
24.	<i>Interpersonal Sensitivity as A Predictor of Metacognitive Abilities In Adolescents: Insights from Pakistani Sample</i>	<i>Saira Majeed</i>	<i>Urooj Niaz</i>
25.	<i>Problematic Internet Use Among Children and Adolescents Presenting in a Tertiary Care Child and Adolescent Mental Health Unit.</i>	<i>Saneea Shahzad</i>	<i>Dr. Qurrat Ulain Hamdan Dr. Sara Afzal Dr. Muhammad Usman Ms. Yashab Nayab Ms. Inshrah Muhktar</i>
26.	<i>Phenotypic Subtypes of ADHD Among Children Presenting To Sir Cowasjee Jehangir Institute of Psychiatry, Hyderabad</i>	<i>Asjad Gul</i>	<i>Aatir H. Rajput, Moin Ahmed Ansari</i>
27	<i>Epidemiology of suicide behaviours among south east Asian countries: a systematic review Nd meta analysis</i>	<i>Dr Roop Kiran</i>	<i>Dr Nazish,Dr Ahmed Waqas,Dr Sania Tahir, Dr Maryam ayub,Dr Baria Rafiq,Dr Hareem Arshad, Dr Sadiq Naveed.</i>

Sr.#	Title of Poster	Presenting Author	Co-Authors
28.	<i>Relationship Between Parental Psychopathology and Childhood Attention Deficit/Hyperactivity Disorder</i>	<i>Lata</i>	<i>Aatir H. Rajput, Moin Ahmed Ansari</i>
29.	<i>Consanguineous Marriage As A Risk Factor For Attention Deficit Hyperactive Disorder (ADHD) Among Offsprings</i>	<i>Nakash</i>	<i>Aatir H. Rajput, Moin Ahmed Ansan</i>
30.	<i>Parenting On Two Fronts: Caregiving Impact And Coping Responses Of Parents Of Children With Co-Occurring Autism And Type 1 Diabetes In Pakistan</i>	<i>Dr Khizra Mussadiq</i>	<i>Dr Irfan Shabbir</i>
31.	<i>Digital And AI-Supported Parent-Mediated Interventions for Neurodevelopmental Disorders In Children: A Systematic Review</i>	<i>Muhammad Akif</i>	<i>Fahad Amin</i>
32.	<i>Identification of virtual Autism among children with autism spectrum disorder: a remedial plan</i>	<i>Ghulam Fatima</i>	
33.	<i>Empowering Orphaned Children through Life-Skills Development: Evidence from a pilot study</i>	<i>Naimat Ur Raheem</i>	
34.	<i>The Need for An Evidence-Informed Public Health Policy Model for Addressing the Issue of Child Sexual Abuse in Pakistan</i>	<i>Syed Saleem Abbas</i>	
35.	<i>Machine Learning Approaches for Dyslexia Screening Using Eye-Tracking Data in Children: A Systematic Review of Classification Methods and Performance</i>	<i>Muhammad Akif</i>	<i>Fatima tu Zahra, Fahad Amin</i>
36.	<i>Family Characteristics of ADHD Children with and without Co-Morbid Conduct Disorder</i>	<i>Mirza Fahad Khurshid Baig</i>	<i>Aatir H. Rajput, Moin Ahmed Ansari</i>
37.	<i>Parentification, Sibling Relationship, and Self-Concept among Glass Children.</i>	<i>Iqra Arif</i>	<i>Prof. Dr. Masha Asad Khan</i>
38	<i>A Child is Not Always A Child! Identity Related Mental Health Issues of Adoptees/Care-Experienced Persons in an Islamic and a Pakistani Socio-Legal Context</i>	<i>Dr. Saima Eman</i>	<i>Mr. David S. P. Hillstedt-Asplund, Dr. Asma Seemi Malik, Ms. Mamoona Raza, Tooba Ijaz Tehreem Ayesha, Maira Munawar, Zainab Ejaz and Ansa Shafqat</i>
39	<i>Frequency Of Depression in Caregivers of Patients with Learning Disability</i>	<i>Noman Ahmad</i>	<i>Rubina Aslam</i>

- SPECIAL INVITED GUEST LECTURES
- (Available on the Conference Website Prior to the Conference)
- Dr. Tania Nadeem (Aga Khan University, Pakistan)**
Structural and Environmental Causes of Mental Health Problems in Children in Pakistan
 - Dr. Ayesha Mian (Pakistan)**
Advocacy and Outreach in Child & Adolescent Mental Health